

AT A GLANCE BULLETIN



Army Community Service 61 Quebec Street, BLD 683 Fort Devens, MA 01434–4479 Serving the Military in New England

May 2011







May 2011 Army Community Service



Fort Devens Welcome Center

61 Quebec Street, Building 683 Hours of Operation 0630-1600 Monday -Friday

https://www.devens.army.mil
ACS TELEPHONE NUMBERS

978-796-3023/3119 DSN 256-3023/3119

MILITARY ONE SOURCE

1-800-342-9647

www.armyonesource.com

FROM THE OFFICE OF THE ACS DIRECTOR



Imelda Fisher



May 6 this year is a day that is set aside each year to recognize and honor the contributions and sacrifices of military spouses. The history of Military Spouse Appreciation Day – In 1984, then President Ronald Reagan proclaimed the Friday before Mother's Day to be designated as Military Spouse Appreciation Day. Since then, each President and senior military leaders have echoed the sentiments expressed by President Reagan. THANK YOU TO ALL THE SPOUSES PRESENT AND PAST.

What's at Fort Devens?

Education Office: The 99th RSC Education Office is now located at 30 Quebec Street, (Building 666) Fort Devens in Rooms 328,326 and 324. Call Lee Achenbach at 978-796-2968. Services will include educational and career counseling, GI Bill questions and issues, tuition assistance, financial aid and scholarship information as well as test administration and test proctoring.

<u>Fort Devens Mail and Distribution</u>: As of Wednesday 23 June 2010 the new Mail & Distribution Hours are as follows. The Door will be open for box pick up between the following hours. 0730 AM to 1600 PM. Window pick up 0900 AM to 1200 PM 1230 PM to 1430 PM

<u>Taps Tavern:</u> Hours of operation for Taps Tavern are 1600 - 2100, Thursday, Friday and Saturday. Enjoy cold drinks, delicious snacks, sports events, X-Box gaming, music and much more. The TAPS Tavern is located in Bldg. 623, 42 Givry Street, Devens, MA.

FREE Movie Night at the Community Activities Center, Bldg. 623, shown in the main hall. Saturday Be on the lookout for each Saturday's feature presentation.

<u>Chaplain Stevenson:</u> Chaplain Dates at Ft. Devens for May: Tuesday 03 May Tuesday 17 May, Tuesday 31 May. **Protestant worship**: Sunday 08 May 1100 with Communion.

ARMY EMERGENCY RELIEF

Make sure you remember the date of 5 May 2011 for the annual AER Fun Run. Every donation counts to helping Soldiers and Families. Let's make 2011 the most successful Campaign yet at Fort Devens.



FINANCIAL

Your Financial Records: What to Toss and When

Bank statements, credit card bills, canceled checks and other documents can be useful for tax purposes, as proof of a transaction or payment, or for other reasons. But how long should you keep them? *FDIC Consumer News* can't tell you when it's safe to throw away financial documents. One thing to remember, though, is that federal tax rules require you to have receipts and other records that support items on a return for as long as the IRS can assess you additional tax. "In very general terms, because the IRS has about six years to assess additional tax if you underreported your income by more than 25 percent, many tax advisors recommend holding all tax records for about seven years, building in extra time for any unforeseen delays in processing your return," said Rick Cywinski, an FDIC tax policy manager. He also noted that the tax period is unlimited if the IRS suspects fraud. With tax considerations in mind, here are suggestions that may be reasonable for many people.

Credit card and bank account statements: Save those with no tax significance for about a year, but those with tax significance should be saved for seven years.

Canceled checks: Those unrelated to anything you claimed on your income tax form and not needed to show you've paid a bill or debt probably can be destroyed after you've verified that your bank statement is correct. But canceled checks that support your tax returns, such as charitable contributions or tax payments, probably should be held for seven years. And, you may want to keep indefinitely any canceled checks and related receipts or documents for a home purchase or sale, renovations or other improvements to a property you own. But once a home has been sold and another seven years have passed, checks related to renovations or improvements can be destroyed. Of course, many banks no longer send cancelled checks, although they may provide copies of the originals. "You can keep the copies of your tax-related checks if you get them from your bank, but if you don't get

copies with your statement, you have some options," said Evelyn Manley, a Senior Consumer Affairs Specialist at the FDIC. "The most conservative approach is to order copies of important checks soon after your statement arrives," she said. "Another is to keep the information on your bank statement to order copies if you're audited in the future because, in general, banks that do not return original checks to customers are required to keep copies of checks for seven years." Also, she said, if you keep records electronically, be sure to back up your data. You can store it in various ways (on CDs, flash drives and so on), but as old technology is no longer supported, you will need to transfer your old data to new media. Another option is to research different companies that provide backup storage online, either free or for a small charge.

Deposit, ATM, credit card and debit card receipts: Save them until the transaction appears on your statement and you've verified that the information is accurate. You may make an exception for receipts for expensive items. If they are under warranty or you have to file an insurance claim, the receipt may be helpful. Finally, before tossing away any document that contains a Social Security number, bank account number or other personal information (especially financial information), shred it to avoid becoming a victim of identity theft.

SOLDIER & FAMILY

Strength At Home- Offers relationship strengthening programs to helps veterans and their families adjust to the unique stress associated with military service. They also provide program for veterans and service member of any conflict era improve anger management skills and prevent arguments and conflict in intimate relationships. For more information contact Sarah at 857-364-4173. Website is www.strenghtAtHome.com.

FREE Green Training for Qualified Veterans: A 40 hour Hazardous Waste Operations Emergency Response Course. A comprehensive 5 day certification course, that will permit you (per OSHA regulation 1910.120) to enter & work at a hazardous waste site.

•When: 6/6 - 6/10/11. 8 AM - 5 PM •Where: Independence Hall, Veterans Inc., 59 South Street, Shrewsbury, MA 01545. How to Register: Contact Joe Boylan - (508) 791-3286 x105

NORTHEAST SECURITY: PART TIME SECURITY GUARDS....A.S.A.P.

16-32 HRS PER WEEK, \$10.- \$12. PER HR NES has some open positions in Marlboro, Northborough and Natick. Some of the positions require a advanced computer usage and other just basicknowledge. The positions are part time ranging from 16-32 hours weekend and overnight shifts. Pay rates range from \$10-\$12/hr. Call to set up an appointment. Ask for Sam or Precilla 617-739-1500

Yellow Ribbon Youth Outreach Training: May 14, 2011 9:30 a.m. to noon, 1st Battalion, 25th Marines Upper Conference Room, 53 Quebec Street Fort Devens, MA. Conducted by the Massachusetts Operation: Military Kids program (www.operationmilitarykids.org, the training is designed to equip adults and older teens to effectively conduct activities for military youth at avariety of venues across the state. The training will also provide participants with an understanding of the issues around deployment, ages and stages of child development and behavior expectations. Registration is required by May 9th! To do so, contact Danielle Sabourin at 978-796-2753 or danielle.sabourin@usmc.mil

FREE TUTORING: Get help from a professional tutor anytime you need it. FREE for eligible military service members in the Army, Marines, Navy or Air Force, their dependents, and students attending Department of Defense Schools. Tutors are online 24/7 and available to help in more than 16 subjects. http://www.tutor.com/military

FISHING TRIP: SAT 04 JUN Cape Cod Cares for the Troops and Vets Fish Ptown will again host fishing trips for veterans. Event in-cludes AM & PM trips, a BBQ lunch and a dinner at the Surf Club.

You qualify to go on this year's trip if:

- 1. You are currently serving in any branch of the US mili-tary and have deployed, or will be deploying to Iraq or Af-ghanistan
- 2. Veterans who deployed anytime during 2001 2010 to Iraq or Afghanistan
- 3. Wounded Warriors

You may bring your immediate family or one guest. Space is limited. To register, email your name, rank, military deployment information, mailing address and contact phone number to capecod4thetroops@comcast.net Also include the names of your family member/guest who will be attending; ages and T-Shirt sizes; and, AM or PM trip preference.

FREE Portrait shoots: Photographer Cathy McDeremott-Tingle of Avanti Studios is offering FREE portrait shoots to military personnel deploying in 2011. For more information please visit their website at www.avantistudios.com

<u>Veteran Resources: http://www.veteranprograms.com/index.html</u> U.S. Veteran Compensation Programs is the first unique website dedicated to helping U.S. veterans discover the benefits they have earned. Complete details about service-connected compensation issues and important updates about veteran benefits as they occur. Also, services that help veterans gain quick and easy access to vital VA departments and information. We provide free and user-friendly resources for veterans and their family members.

THE EMPLOYER PARTNERSHIP OF THE ARMED FORCES: Through the Employee Partnership Office (EPO), you can more effectively leverage your Military training and experience for career opportunities in today's civilian job market, having access to job openings with Military friendly employers in various industries across the country. The EPO job search engine is easy to use and gives Servicemenbers another tool to help them achieve their civilian career goals.

You local contact is: KEN FORCHIELLI, Contractor (Military Personnel Services Corporation) Employer Partnership of the Armed Forces, 508-755-0173 Ext 2231, 910-728-3031 (BB)

Visit the Employer Partnership website at: www.employerpartnership.org or email at gethired@employerpartnership.org or call 1-877-450-HIRE (4473)

THINGS TO DO IN MAY

Fort Devens Museum Open House: Saturday 21 May 2011 from 1000 to 1600, 94 Jackson Road, # 305, Devens, MA. There will be Special Speakers, WW 11 Reenactment group, along with food and refreshments.

COCO KEY KEY WATER RESORT: Half off for Heroes! Receive 50% off a Sunday day pass valid for one day access with valid Military or Veteran ID to CoCo Key Water Resort from 10am to 9pm on Sundays. Two discounted kids included under each adult ID.

http://www.cocokeywaterresort.com/locations/waterbury/reservations/packages-deals.aspx?id=1022

Free Attractions and Free Things to Do in all 50 States Get Out and Do Something This Weekend Search our database for Free Attractions and Free Things to Do in all 50 United States and over 1,500 U.S. Cities. Listings include Free Museums, Free Parks, Free Concerts, Free Parades, Free Festivals, and Free Zoos. Search the USA for Free Attractions and Free Things to Do http://www.free-attractions.com

UPCOMING EVENTS AT TICKETS AND TOURS

Judie King, ITT Manager, Hanscom AFB, 98 Barksdale Street Bldg 1530, 781-377-3262 http://www.hanscomservices.com/ PREPAID ORDERS ONLY!! Payment is due at the time the order is placed. Once the order has been placed there are no refunds.

Take a trip with us! – Registration deadline for all trips is 30 days prior to departure or space available.

<u>Red Sox/White Sox game at Fenway Park</u> – Will be on Wednesday, 1 June; \$95 per person; includes reserved Right Field Box Seats (Sections 88/90) and round-trip transportation.

<u>The Monkees</u> – Will be at the Lowell Memorial Auditorium on Wednesday, 15 June at 2000. Balcony seating is \$56 each. Limited amount available; pre-paid ticket orders accepted through Wednesday, 1 June at 1200 or while supply lasts.

<u>Statue of Liberty and Ellis Island</u> – Tickets are available for Saturday, 25 June, \$75 per person. Tour includes: Ellis Island and Statue of Liberty Tour and Ground Zero .Memorial Moment. and round-trip transportation.

<u>Martha's Vineyard</u> – Tickets are available for Saturday, 16 July, \$75 per person. Tour includes Martha's Vineyard Island tour, shopping time in Edgartown, Island Queen Ferry and Dinner at Country Buffet.

Red Sox vs. Orioles at Camden Park (includes Washington, D.C. tour) – Will be held on Monday – Wednesday, 18 - 20 July; \$289 per person, double occupancy. Includes: luxury accommodations, two full-course breakfast buffets, reserved seating for the game, Washington, D.C. sightseeing and round-trip transportation

Walt Disney World Armed Forces Salute: Now through Wednesday, 28 September - During the offer period, now through Wednesday, 28 September, 4-Day Disney's Armed Forces Salute tickets with or without options may be purchased by eligible service members (or their spouse, but not both), for themselves, their family and friends. 4-Day Disney's Armed Forces Salute tickets are limited to six per eligible service member. Those eligible for the program include: active or retired members of the U.S. military, including activated members of the National Guard and Reservists, as well as active and retired members of the United States Cost Guard. 3 ticket options available: 4-day Salute Park Hopper: \$138, 4 day Base Ticket with Water Park Option: \$138, 4-day Park Hopper with Water Park Option:

\$165. The 3 options above are the only tickets offered through the Armed Forces Salute program. Tickets are not stocked at Hanscom's Tickets & Tours office. Orders may only be processed at Tickets & Tours Monday through Thursday from 0900 - 1530. You must order these tickets in person; your military ID must be verified before your order is processed. Other rules and restrictions apply; visit Tickets & Tours, Bldg. 1530 for Disney's Special Provisions details.

HANSCOM AIRMAN AND FAMILY READINESS CENTER

May 2011 Please Call 781-377-4222 to Register

Serving the total force...Programs are free to all single and married Active Duty, Reserve, and Guard personnel, DoD civilians, retired Military personnel and Family members

***(New Service at Hanscom AFB)

MILITARY FAMILY LIFE CONSULTANTS (MFLCs) provide free, short-term, non-medical, solution-oriented counseling on a range of issues. For service members, DoD civilians, and their families – no records are kept. Call (781) 686-3084 and leave your first name only for an appointment!

CELEBRATING MILITARY SPOUSE APPRECIATION DAY

In 1984, President Ronald Reagan established Military Spouse Appreciation Day, designating it to be the Friday before Mother's Day of each year. We celebrate this special day as a part of National Military Appreciation Month, which also observes Memorial Day, Victory Day and Armed Forces Week. May 6th has been set aside to recognize the many contributions and sacrifices military spouses make every day in support of military members and our country.

PRIVATE SECTOR RESUME CRITIQUE sessions are held by appointment only. Resumes are reviewed by an A&FRC employment specialist with HR experience – a great opportunity for feedback to improve your resume format and content. Email your resume to 66.fss.fsfr.cmb@hanscom.af.mil. You will receive a response in 3-5 business days. **Prior attendance at an A&FRC or TAP resume writing class is recommended.**

BUNDLES FOR BABIES will be held May 2 from 9 a.m. to 3 p.m. If you are in your second or third trimester, please join us and learn about caring for your newborn, budgeting for baby, to work or not to work, TRICARE coverage, dental care, base and community resources, SIDS, shaken baby, newborn appearance, breastfeeding, car seat safety, Baby-Makes-Three, and much more. This seminar is sponsored by the Air Force Aid Society and is open to all branches of service and DoD civilians. Baby bundles are available for AF, Navy, Marines, and Army families. For DoD civilians, the A&FRC will make up a gift just for you. Dads are strongly encouraged to attend!

ORGANIZING WORK AND HOME will be held May 3 from 1 to 2:30 p.m. Join Kate Altieri of Organizing Boston, featured in The Boston Globe, Boston Magazine, The Boston Herald, on Channel 4 and FOX News, and on Business News Radio, for more great ideas on how to get and stay organized. Topics include how to begin organizing, dealing with clutter, setting up organizing systems, home and office feng shui, and more.

PRESEPARATION COUNSELING will be held May 4, 11, 18, and 25 from 9 to 10 a.m.

Weekly sessions for separating and retiring service members to complete the mandatory DD Form 2648, Preseparation Counseling Checklist. The checklist provides critical information about benefits, resources and services available as you transition from military to civilian life. **By law, this counseling must be provided at least 90 days prior to your date of separation or retirement. E-SMOOTH MOVE SEMINAR AND SMOOTH MOVE FOR KIDS** will be held May 4 from 11 a.m. to 12 p.m. Learn how to expertly navigate the new internet based resources designed for PCS moves, and where to get answers to your questions about your upcoming move. Spouses encouraged to attend. Parents! Please stay for the special Smooth Move for Kids presentation immediately following from 12 to 1 p.m. Ms. Patty Marquis, Clinical Social Worker, will discuss tips and techniques to help make moving and adjustment to a new school easier for your children whether it's their first move or their fifteenth.

PREPARING FOR HOMECOMING: REUNION BRIEFING FOR SPOUSES AND CHILDREN will be held May 4 from 3 to 4 p.m. (simultaneous sessions for spouses and children ages 6 and older) If you are anticipating a reunion with your service member within the next two months, please join us for two special briefings that will help you and your children prepare for the big event. In these interactive workshops, you'll receive practical suggestions for coping with reunion and reintegration, and the children's session will feature fun reunion activities and a personalized gift for the returning parent.

TELEPHONE TIPS, SCRIPTS, AND TECHNIQUES will be held May 5 from 11 a.m. to 1 p.m. Learn how to generate employment leads, develop and deliver telephone scripts, improve your telephone listening and speaking (pace, tone, volume, etc.) skills, develop methods to reach and impress the decision-makers, and much more. Bring your lunch.

THE MILITARY SPOUSE: CHALLENGES AND OPPORTUNITIES will be held May 5 from 11:30 a.m. to 12:30 p.m. A facilitated, informal discussion of the evolution of the military spouse through the years and the roles spouses play as partners in our national defense. Bring your stories and opinions.

CREATING A HEALTHY MARRIAGE will be held May 5 from 6 to 7:30 p.m. Join us as we explore the myths and realities of marriage through each stage – from "romantic love" to "transformation" – how to understand and deal with conflict, and the keys to creating and maintaining a healthy relationship with your spouse. Presented by Hanscom's Military and Family Life Consultant.

PRIVATE SECTOR RESUME WRITING CLASS will be held May 6 from 9 to 11 a.m. This basic resume writing course covers how to write and format an effective resume and cover letter. Federal resume basics will also be discussed.

VETERANS AFFAIRS DISABILITY CLAIMS REVIEW will be held May 6, 13, 20, and 27 from 10 a.m. to 2 p.m. A representative from AMVETS, a veterans' service organization, will assist you in processing your disability claim and answer questions. **Appointment is required. Call the AMVETS Service Representative at 617-303-5698 for an appointment.**

WOMEN AND SELF-ESTEEM will be held May 6 from 11:30 a.m. to 12:30 p.m. What do you see when you look in the mirror? What do you like about yourself? Does it sometimes seem easier to reflect on what you *dis*like about yourself? Join guest speaker Patricia Marquis for a fascinating look at the root causes of low self-esteem and get some practical suggestions for building a more positive, realistic, and uplifting self-image.

MATRI-MONEY will be held May 6 from 1 to 2 p.m. Put a damper on the emotionally charged discussions of money matters in your marriage by learning how to develop realistic financial goals and communicate them effectively to your partner. Presented by Hanscom's Military & Family Life Consultant.

TRANSITIONING FROM A MILITARY TO A CIVILIAN CAREER will be held Monday thru Friday, May 9 – 13. This workshop is designed to assist voluntarily and involuntarily separating or retiring service members make a successful career transition. Plan to attend at least 6 months prior to separation or retirement. Dress is civilian attire (business casual). Spouses are welcome. Seminar starts Monday at 12 p.m. Tuesday thru Thursday hours are 8 a.m. to 4 p.m., and Friday 8 a.m. to 12 p.m. **Register early.**

HEART LINK SPOUSE ORIENTATION will be held May 23 from 1 to 4 p.m.

Welcome to the military family! Heart Link is a wonderful orientation workshop for any spouse married to a service member from any branch of the armed services who wants to learn more about military life. Our spouses are the heart of this great Armed Forces family and the lifeline behind your sponsor's success in the military. The Heart Link program will provide you with essential information you need to know to make your life in the Air Force exciting, fulfilling, and rewarding (and you'll win prizes!). Join us and we'll get started on our journey!

FAMILY WELCOME will be held May 24 from 9:30 to 11 a.m. Attention newly arrived spouses! Are you interested in learning all about Hanscom AFB? Do you have small children and are unable to attend the regular Commander's Welcome? Then this program is designed just for you. Receive money saving tips and shopping information while learning about schools, recreation, local attractions, safety, security, education, employment and more. This is a fun, family-friendly event.

TEACHING CAREERS: TROOPS-TO-TEACHERS AND JR. ROTC will be held May 24 from 11 a.m. to 1 p.m. Ever considered teaching school? Learn how to get into this profession as representatives from Troops-to-Teachers and Jr. ROTC explain their programs and answer questions. Jr. ROTC is scheduled from 11 a.m. to 12 p.m. and Troops-to-Teachers from 12 to 1 p.m.

NEWCOMERS' PUBLIC TRANSPORTATION AND CITY ORIENTATION will be held May 25 from 9 a.m. to 4 p.m. Newcomers and family members are invited to learn how to navigate the local public transportation system and obtain information on events and attractions. Ride into Boston with us using the "T." All you need is \$4 for subway fares. Bring your lunch or purchase downtown. This program is part of the community orientation for inprocessing. Newly arrived service members are not required to take leave to attend.

GETTING THE RIGHT MORTGAGE – A "Lunch and Learn" Workshop will be held May 25 from 12 to 12:45 p.m. Find out how getting a mortgage has changed. We'll discuss the different types

of mortgages, when an adjustable rate mortgage is the "right" rate, and how to avoid predatory lenders. Presented by the Hanscom Federal Credit Union. Free lunch provided!

HEARTS APART: "BOWL YOU OVER" will be held May 26 from 5 to 6:30 p.m. at the base Bowling Center. Families of deployed, remote tour, and extended TDY service members, please join us as we take over the lanes at the Base Bowling Center. Free bowling, soda, and pizza! Please RSVP to the Airman & Family Readiness Center at 781-377-4222 or email **66.fss.fsfr.cmb@hanscom.af.mil**.

MILITARY SPOUSE CAREER WORKSHOP will be held May 26 from 5 to 7 p.m. Find out about all the new benefits for military spouses. We'll cover getting a federal job quickly, using your spouse preference, job search assistance, and navigating the USAJOBS web site. Receive a free portfolio to organize your career and education documents.

FEDERAL RESUME CRITIQUE (By Appointment Only). Resumes are reviewed by employment specialists — a great opportunity for feedback to improve your resume format and content. Email your federal resume and the applicable Vacancy Announcement to 66.fss.fsfr.cmb@hanscom.af.mil. You will be contacted for an appointment after we have reviewed your resume. Prior completion of the A&FRC Federal Resume Writing for USAJOBS Class or TAP Federal Employment Opportunities Class is strongly recommended.

Family Advocacy Outreach

CELL PHONE COLLECTION: The Family Advocacy Program collects used and old cell phones, and distributes them to local domestic violence agencies. Drop off phones, batteries, and chargers to the Family Advocacy Program, Bldg 1217. Please put each phone and its accessories in a sealed, plastic bag.

WIC, a nutrition and education program for income-eligible expectant parents or parents with children age birth to five is located on base. * **WIC** is located in **Bldg 1507** *. **WIC** is on base the first and third **Wednesday** of each month from 0800 to 1530. For WIC appointments or information, call (617) 312-9974.

First Connections- Is a non-profit, family support organization that provides comprehensive services to families with young children birth through age five. First Connections serves a large geographic area that encompasses twelve metro-west communities, including Hanscom Air Force Base. All programs are free or low cost. More information is available on their website www.firstconnections.org or by calling 781-287-0221.

EMPLOYMENT READINESS

USA JOB: JOB OPPORTUNITIES ON THE BASE - Remember to go to <u>www.USAJOBS.GOV</u> and search for Newport, RI if you are interested in finding out and applying for positions open onboard the Naval Station. Current opportunities include a Motor Vehicle Operator that's open through next week. Spread the word! USAJOBS - The Federal Government's Official Jobs Site <u>www.USAJOBS.GOV</u>

This is a United States Office of Personnel Management website. USAJOBS is the Federal Government's official one-stop source for Federal jobs and employment information.

Job Search: Below please find a link to critical skills needed at Booz Allen Hamilton. Please share with your contacts and have all interested email me their resumes and I will submit on their behalf – this speeds up the review process. Also, applicants must identify the job skills qualification from the list. https://erp.bah.com/hotjobs.htm

Military Spouse Employment Tip of the Week: When applying for a job, state in your cover letter or application that you are a military spouse of an active duty service member who may be eligible for the Military Spouse Internship Program. Spouses can apply for a federal job by visiting the USAJOBS website.

<u>Job Opportunity:</u> Pilgrim Food needs to recruit a couple employees. If you are interested please call Denice M. Blanchard, Human Resource / Accounts Payable, Pilgrim Foods, 68 Old Wilton Road Greenville, NH, 8603-878-2100 ext 205

http://www.transitionjobs.us/ Click on "Search for Opportunities" at the bottom of the page. Jobs listed by state.

www.TransitionTalk.com has launched to create an online community with shared information and resources to help veterans who are in transition. This website contains specialized articles, recommended books and links for military transition. Also, there is a web log for Q & A that aims to provide the answers to military transition questions from Category Guides who are military and industry professionals that are eager to help veterans make a successful transition.

Website: Career Resources for Veterans: The Defense Centers of Excellence (DCoE) recently collaborated with PBS to produce a handbook for military families. Created as a companion to the PBS series "This Emotional Life," A Handbook for Family & Friends of Service Members explores the stressors and feelings individuals may encounter throughout the different phases of deployment. The handbook aims to provide solutions for Service members and identifies outside tools and resources that may be useful to friends and family members before, during and after deployment. Topics include what to expect during deployment and how to strengthen or repair relationships. Order the handbooks from the Real Warriors Campaign website at http://www.sc.edu/career/Webresources/veterans.html

http://www.realwarriors.net/materials/order

Welcome to the Military Spouse Resource Center:

FYI. A useful link for those spouses that want to upgrade knowledge, skills and abilities and those who may want to enter the workforce as a result of spouse deployment. http://www.milspouse.org/

The Military Spouse Resource Center (MilSpouse.org) is a U.S. Department of Labor sponsored web site designed to assist the spouses of U.S. total force military personnel. Our mission is to provide easy access to information, resources, and opportunities related to education, training,

and employment within the United States. MilSpouse.org will be extending services to military spouses directly through this site and through partnerships with other organizations and the U.S. Department of Labor's local One-Stop Career Centers. Job Search Sites, Career Planning http://www.worcesterworks.com

Hanscom AFS: Resources http://www.hanscom.af.mil

Massachusetts Career Information System: http://masscis.intocareers.org/default.asp

Veterans Employment Services (978) 534-1481 x 117www.wmoore@detma.org

Orion International: <u>info@orioninternational.com</u>

RELOCATION READINESS

ACS has listings for apartments or houses to rent. List is updated as housing is made available to us. Call 978-796-3023. ACS Electronic Welcome Packets https://www.devens.army.mil or call 978-796-3023

Moving and Relocation Information: Terrific tips to make moving easier.

http://afmove.hq.af.mil/Default.asp

TRICARE Information at Hanscom AFB:

Hanscom AFB offers a monthly Newcomer Orientation Medical Clinic welcome to all new patients every Tuesday from 1300 to 1500. It is strongly recommended that Army personnel attend so they can find out about their provider, how to access emergency services, and referral. Telephone: 781-377-2120

FORT DEVENS SERVICES:

Police Services Division: Vehicle Registration and Fingerprinting

0930-1030 / 1500-1600 or By Appointment.

Police: 978-796-3333

Physical Security: 978-796-2061 Devens Legal: 978-796-2255 Education Office: 978-796-2868

Carlson Wagonlit Travel/Veterans Travel: 800-945-0535 or 402-345-7596

AAFES / Clothing & Sales: 978-772-6838 / 2065

Photo Section DA Photo: 978-796-2559

Fort Devens ID Cards 978 - 796-2130, Building 683

Billeting: Bldg. 978-796-3201

Distance Learning Center: 978-796-3612 / 2605 / 2626

Transportation: Passenger 978-796-2141/ or 2393 Freight 978-796-2832/ or 2840

Vehicles: 978-796-2141

UNITED SERVICES ORGANIZATION:

http://www.uso-newengland.org/index.htm

HELPFUL MASSACHUSETTS RESOURCES:

Massachusetts Parks: www.state.ma.us/dem/forparks.htm
Massachusetts Wildlife: www.state.ma.us/dfwele/dfw

State of Massachusetts Child Care Finder: www.qualitychildcare.org Massachusetts Getaway Guide: http://www.mass-vacation.com/

Massachusetts's area Guides net: http://massachusetts.ags.myareaguide.com/

Boston and Local Area Concerts: http://www.bostonconcerts.com/

Boston Pops: http://www.bso.org/